

INDIVIDUAL COVERAGE APPLICATION

Use Black Ink Only

Plan Use Only
Rec: _____

IHCA

SECTION 1 – Primary applicant information and dependents to be covered under this policy

PRIMARY APPLICANT

LAST NAME _____ JR, SR, etc. _____ FIRST NAME _____ MI _____ SOCIAL SECURITY NO. _____ DATE OF BIRTH (mmddyyyy) _____ MALE FEMALE

ADDRESS (P.O. Box is not acceptable – Please provide place of residence) _____ HEIGHT (FT / IN) _____ WEIGHT (LBS) _____ / _____

CITY (Please do not abbreviate) _____ STATE **T N** ZIP _____ DAYTIME PHONE _____

MAILING ADDRESS IF DIFFERENT (P.O. Box is acceptable) _____

CITY (Please do not abbreviate) _____ STATE _____ ZIP _____ EMAIL ADDRESS _____

Have you or any person for whom you are applying had health insurance coverage within the past year?
 YES NO If "Yes", Who? _____

Are you a citizen or legal resident of the U.S.? YES NO
You must reside in the state of Tennessee and legally reside in the United States to be eligible for this coverage.

SPOUSE

LEGAL SPOUSE LAST NAME _____ JR, SR, etc. _____ FIRST NAME _____ MI _____ SOCIAL SECURITY NUMBER _____ DATE OF BIRTH (mmddyyyy) _____ MALE FEMALE

HEIGHT (FT/IN) _____ WEIGHT (LBS) _____ / _____

DEPENDENT

DEPENDENT LAST NAME _____ JR, SR, etc. _____ DEPENDENT FIRST NAME _____ MI _____ SOCIAL SECURITY NUMBER _____ DATE OF BIRTH (mmddyyyy) _____ MALE FEMALE

Natural Child/Stepchild Adopted/Legal Guardian Other (specify) _____

DEPENDENT

DEPENDENT LAST NAME _____ JR, SR, etc. _____ DEPENDENT FIRST NAME _____ MI _____ SOCIAL SECURITY NUMBER _____ DATE OF BIRTH (mmddyyyy) _____ MALE FEMALE

Natural Child/Stepchild Adopted/Legal Guardian Other (specify) _____

DEPENDENT

DEPENDENT LAST NAME _____ JR, SR, etc. _____ DEPENDENT FIRST NAME _____ MI _____ SOCIAL SECURITY NUMBER _____ DATE OF BIRTH (mmddyyyy) _____ MALE FEMALE

Natural Child/Stepchild Adopted/Legal Guardian Other (specify) _____

TO INCLUDE ADDITIONAL DEPENDENTS, PLEASE RECORD INFORMATION FOR ADDITIONAL DEPENDENTS ON A SEPARATE SHEET OF PAPER AND ATTACH IT TO THIS APPLICATION.

SECTION 2 – Benefit Section

<p>BENEFIT CODE Please indicate the letter and 2 character code of benefit plan. Also note your choice of Network "P" or "S" in the single box below.</p> <p>____</p>	<p>BlueCross BlueShield of Tennessee Products I am applying for:</p> <p><input type="checkbox"/> YES <input type="checkbox"/> NO MEDICAL</p> <p><input type="checkbox"/> YES <input type="checkbox"/> NO MATERNITY (Maternity may only be purchased with Medical at initial enrollment or within 31 days of the qualifying event of 1. marriage; or 2. spouse's loss of group coverage.)</p> <p><input type="checkbox"/> YES <input type="checkbox"/> NO DENTAL (Dental may be purchased with Medical or as a stand alone product. If purchased with Medical, the applicant, spouse and all dependents will be enrolled. If applying for stand alone, mark first of the month following approval effective date below and then skip to Section 7.)</p>	<p>USable Life Product I am applying for: <i>Life is a product offered independently by USable Life. This is not a BlueCross BlueShield of Tennessee product. USABLE Life is solely responsible. Life may only be purchased with Medical at initial enrollment and is only available to the Applicant and Spouse.</i></p> <p><input type="checkbox"/> YES <input type="checkbox"/> NO LIFE</p> <p><i>(Do not complete pages 5 & 6 when Life is marked "NO")</i></p>
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DESIRED EFFECTIVE DATE (CHOOSE ONE):

1. First of the month following approval
2. Day after approval
3. Day after my BCBST Short Term policy terminates (we will reduce the pre-existing waiting period by the length of the short term policy(ies), for which there is not a gap between the term date and effective date of the policies.
4. Other Requested Effective Date: _____ **2 0** _____
(If you request a specific effective date, this date cannot be changed once the application has been processed. If the requested date is prior to our receipt date, it will be changed to the day after receipt. In addition, you will be responsible for all premiums from this effective date.)

PRIMARY APPLICANT LAST NAME FIRST NAME MI SOCIAL SECURITY NO.

SECTION 3 – Explanation of Pre-existing Condition Waiting Period and Health Insurance Portability and Accountability Act of 1996 (HIPAA)

Pre-Existing Condition Waiting Period - This coverage has a 12-month Pre-Existing Condition Waiting Period. This means that benefits will not be available until the coverage has been in effect for 12 months for any condition (either physical or mental) that was present during the 12-month period prior to the effective date of your coverage. **If you have experienced symptoms of a condition or if medical advice, diagnosis, care or treatment was recommended, received, or should reasonably have been received from a provider of health care services, the condition would be considered Pre-Existing.** If you are changing coverage from another BlueCross BlueShield of Tennessee individual product, you may be eligible to reduce your Pre-Existing Waiting Period. Information about this can be obtained through your BlueCross BlueShield of Tennessee sales personnel or your insurance representative.

Your Rights Under HIPAA - Under the Health Insurance Portability and Accountability Act of 1996 (HIPAA), you or anyone for whom you are applying may be eligible for waivers of underwriting and our normal Pre-Existing waiting periods. The eligible individual must have had an aggregate of at least 18 months of creditable coverage without a significant break (63 days or more) in coverage. The most recent coverage must be from a group health plan (including COBRA), governmental plan or a church plan. It must also be no more than 63 days since that coverage terminated. COBRA and/or state continuation coverage must be exhausted to exercise your rights under HIPAA.

- Do you or any person for whom you are applying have creditable coverage as outlined in HIPAA?..... YES NO If "NO", go to Section 4.
- If you do have creditable coverage, check ONE of the following:
 - I (or any person for whom I am applying) have creditable coverage, but I would like to waive my HIPAA rights and apply for an underwritten plan with Pre-Existing Condition Waiting Periods and medical underwriting. If you select this option, and go to Section 4.
 - I (or any person for whom I am applying) have creditable coverage, but do not wish to waive my HIPAA rights. I would like to apply for a guaranteed issue policy with no Pre-Existing Condition Waiting Period or medical underwriting. If you select this option, STOP. See your agent for a different application for guaranteed issue coverage.

SECTION 4 – AUTHORIZATION / Consent for Release of Personal and Health Information

This form is to authorize the disclosure and use of protected health information to determine eligibility for enrollment in a health plan. If you do not sign and date this authorization, you will not be enrolled.

My dependents and I authorize any doctor, hospital, clinic, provider of health care, pharmacy or pharmacy benefit manager, health plan, insurance (or reinsuring) company, consumer reporting agency, my insurance agents, employers or any other person or firm having: 1) information as to cause, treatment, diagnosis, prognosis or advice of my physical or mental condition; or 2) any other information needed to determine my eligibility for insurance; to give BlueCross BlueShield of Tennessee, its affiliates, its employees and agents, my broker, or any consumer reporting agency, all such information. This may include (but is not limited to) medical records, prescription history, medications prescribed, information about driving records, mental illness and use of alcohol and drugs.

I (WE) UNDERSTAND:

- The information obtained with this authorization will be used by BlueCross BlueShield of Tennessee to determine eligibility for insurance. A copy of the authorization is as valid as the original. I (We) or my (our) authorized representative may request a copy of this authorization. This authorization will be in force for two years and six months from the date shown below.
- That I (we) may revoke this authorization at any time by writing BlueCross BlueShield of Tennessee. If I (we) revoke this authorization, any action taken by BlueCross BlueShield of Tennessee in reliance on this authorization prior to my (our) revocation will not be affected.
- My (our) signature(s) and date(s) on this application will authorize any doctor, hospital or other provider of treatment to furnish to BlueCross BlueShield of Tennessee, any and all medical records pertaining to any person who is to be covered by this contract. I (we) am responsible for any fees for these records.
- If this information is to be received by individuals or organizations that are not health care providers, health care clearinghouses, or health plans covered by federal privacy regulations, this information may be re-disclosed by the recipient and no longer protected by federal privacy regulation.

PRIMARY APPLICANT'S SIGNATURE **X** _____ DATE (mmddyyyy) | | | | **2** **0** | | | | Relationship _____
 (If signed by parent or guardian and primary applicant is under age 18.)

LEGAL SPOUSE'S SIGNATURE **X** _____ DATE (mmddyyyy) | | | | **2** **0** | | | |

DEPENDENT(S) AGE 18 AND OVER SIGNATURE **X** _____ DATE (mmddyyyy) | | | | **2** **0** | | | |

DEPENDENT(S) AGE 18 AND OVER SIGNATURE **X** _____ DATE (mmddyyyy) | | | | **2** **0** | | | |

DEPENDENT(S) AGE 18 AND OVER SIGNATURE **X** _____ DATE (mmddyyyy) | | | | **2** **0** | | | |

PRIMARY APPLICANT LAST NAME FIRST NAME MI SOCIAL SECURITY NO.

SECTION 5 - Individual Health Coverage Questionnaire

Please accurately and truthfully answer all of the following questions for all person(s) applying for coverage. All persons applying who are age 18 and older must review these questions and answer appropriately. For persons under age 18, a parent or legal guardian may answer on their behalf. The questions are organized by category. After reviewing all conditions and/or questions within each category, answer NO or YES. For all YES answers, circle all condition/question number(s) that apply for that category and complete Section 6 below. With respect to medical conditions, has anyone applying for coverage ever been diagnosed, treated, or had a recommendation for treatment for any condition listed below?

- A. NO YES (Circle all that apply)
- BONE / SKELETAL / MUSCLE**
- 1 Abdominal / Inguinal Hernia
 - 2 Back Injury or Impairment
 - 3 Bulging Disc / Herniated Disc
 - 4 Fibromyalgia
 - 5 Knee Injury or Impairment
 - 6 Neck Injury
 - 7 Osteoarthritis
 - 8 Pituitary Dwarfism / Growth Hormones
 - 9 Rheumatoid Arthritis
 - 10 Scoliosis
 - 11 Spina Bifida
 - 12 Osteoporosis
 - 13 Gout
 - 14 Other Bone / Skeletal / Muscular Condition
- B. NO YES (Circle all that apply)
- INTESTINAL / ENDOCRINE**
- 15 Adult / Juvenile Diabetes (non-gestational)
 - 16 Bleeding Ulcer
 - 17 Chronic Pancreatitis
 - 18 Cirrhosis of the Liver
 - 19 Crohn's Disease
 - 20 Diverticulosis / Diverticulitis
 - 21 Gastroesophageal Reflux Disease (GERD)
 - 22 Hiatal Hernia
 - 23 Hepatitis B
 - 24 Hepatitis C
 - 25 Irritable Bowel Syndrome (IBS)
 - 26 Colon Polyps
 - 27 Ulcerative Colitis / Ulcerative Proctitis
 - 28 Thyroid Disease
 - 29 Other Intestinal / Endocrine Condition
- C. NO YES (Circle all that apply)
- URINARY / KIDNEY**
- 30 Chronic Prostatitis
 - 31 Dialysis
 - 32 Enlarged Prostate
 - 33 Kidney Stones
 - 34 Neurogenic Bladder
 - 35 Polycystic Kidney Disease
 - 36 Renal Failure
 - 37 Other Urinary / Kidney Condition

- D. NO YES (Circle all that apply)
- LUNG / RESPIRATORY**
- 38 Asthma
 - 39 Allergies
 - 40 Cystic Fibrosis
 - 41 Emphysema
 - 42 Pneumonia
 - 43 RSV Shots
 - 44 Sleep Apnea
 - 45 Tuberculosis
 - 46 Chronic Bronchitis
 - 47 Chronic Obstructive Pulmonary Disease (COPD)
 - 48 Other Lung or Respiratory Condition
- E. NO YES (Circle all that apply)
- HEART / CIRCULATORY**
- 49 Anemia
 - 50 Aneurysm
 - 51 Angina
 - 52 Angioplasty and / or Bypass Surgery
 - 53 Congestive Heart Failure
 - 54 Heart Attack
 - 55 Heart Murmur
 - 56 Hemophilia
 - 57 High Blood Pressure / Hypertension
 - 58 High Cholesterol / Lipid Disorders
 - 59 Mitral Valve Prolapse
 - 60 Stroke / Transient Ischemic Attacks (TIA's)
 - 61 Other Heart or Circulatory Condition
- F. NO YES (Circle all that apply)
- BRAIN / NERVOUS**
- 62 Alzheimer's or Dementia
 - 63 Cerebral Palsy
 - 64 Epilepsy / Seizures
 - 65 Migraine / Chronic or Severe Headache
 - 66 Multiple Sclerosis
 - 67 Muscular Dystrophy
 - 68 Paralysis
 - 69 Parkinson's Disease
 - 70 Developmental Disorders / Delays
 - 71 Other Brain / Nervous Condition

- G. NO YES (Circle all that apply)
- CANCER**
- 72 Breast Cancer
 - 73 Chemotherapy / Radiation
 - 74 Colon Cancer
 - 75 Hodgkin's / Lymphoma
 - 76 Leukemia
 - 77 Liver Cancer
 - 78 Lung Cancer
 - 79 Melanoma
 - 80 Other Cancer or Malignancy
- H. NO YES (Circle all that apply)
- IMMUNE SYSTEM**
- 81 AIDS / HIV Infection
 - 82 Connective Tissue Disease
 - 83 Discoid (subcutaneous) Lupus
 - 84 Systemic Lupus Erythematosus
 - 85 Other Immune System Condition
- I. NO YES (Circle all that apply)
- TRANSPLANTS**
- 86 Bone Marrow Transplant / Organ Transplant
 - 87 Discussed Possible Transplant or Organ Donation
- J. NO YES (Circle all that apply)
- EYES / EARS / NOSE / THROAT / SKIN**
- 88 Acne
 - 89 Acoustic Neuroma
 - 90 Adenoiditis
 - 91 Cataracts
 - 92 Chronic Ear Infections / Ear Tubes
 - 93 Chronic Sinusitis
 - 94 Chronic Tonsillitis
 - 95 Cleft Lip / Cleft Palate
 - 96 Eczema or Psoriasis
 - 97 Glaucoma
 - 98 Retinopathy
 - 99 TMJ Syndrome
 - 100 Other Eye / Ear / Nose / Throat / Skin Condition
- K. NO YES (Circle all that apply)
- CONSUME ALCOHOL?**
- 101 If "Yes," please indicate the family members' name(s) and number of drinks consumed per day in Section 6 below.

- L. NO YES (Circle all that apply)
- BEHAVIORAL HEALTH / CHEMICAL DEPENDENCY**
- 102 ADD / ADHD
 - 103 Alcoholism or Alcohol Abuse
 - 104 Anorexia / Bulimia or Other Eating Disorder
 - 105 Anxiety / Depression
 - 106 Bipolar Disorder / Manic Depressive Disorder
 - 107 Counseling
 - 108 Driving Under Influence (DUI)/Driving While Intoxicated (DWI)
 - 109 Illegal Drug Use (including misuse of prescription medications)
 - 110 Suicide Attempt within the last 10 years
 - 111 Other Behavioral Health Condition
- M. NO YES (Circle all that apply)
- REPRODUCTIVE**
- 112 Currently Pregnant/Expectant Parent (including Father)
 - 113 Currently in the Process of Adoption
 - 114 Born Premature (<37 weeks)
 - 115 Breast Cyst or Lump
 - 116 Endometriosis
 - 117 History of Pregnancy Complications
 - 118 Polycystic Ovarian Disease
 - 119 Sexually Transmitted Disease
 - 120 Uterine Fibroids
 - 121 Abnormal Pap Smear
 - 122 Other Reproductive System Condition
- N. NO YES (Circle all that apply)
- MISCELLANEOUS**
- 123 Abnormal Lab Results
 - 124 Advised to have Surgery and / or Testing
 - 125 Currently taking, using or has taken or used any medications, including topical gels and creams, within the last 12 months
 - 126 Seen any physicians and / or practitioners within the last 2 years
 - 127 Resided outside of the U.S. within the last 12 months
 - 128 Breast or Other Fluid Filled Implants
 - 129 Inpatient or Outpatient Surgery
 - 130 Physical Exam with Abnormal Results
 - 131 Unintentional weight loss within the past year
- O. NO YES (Circle all that apply)
- TOBACCO PRODUCTS USED WITHIN THE LAST 5 YEARS**
- 132 Tobacco use within the past year. If "Yes," please indicate the family member(s) in Section 6 below.
 - 133 Past tobacco use. If "Yes," indicate the family member(s), last date of use, and the number of years used in Section 6 below.

SECTION 6 - Answer all of the specific information below for any condition with a "YES" above

Condition #	Family Member Name	Diagnosis, Treatment including Medications, or Reason for Visit	Date of Onset	Date of Last Treatment	Physician/Provider Name and Address/Phone	Was Recovery Complete?

If more room is needed, please record information on a separate sheet of paper and attach it to this application.
APP-IHCA (10.08)

PRIMARY APPLICANT LAST NAME	FIRST NAME	MI	SOCIAL SECURITY NO.

SECTION 9 – Term Life Benefit Selection - Coverage Provided by USABLE Life*

OPTIONAL TERM LIFE

Underwritten by USABLE Life* and billed with your individual medical premiums. Term Life is available only on the proposed insured and spouse. (Applicant must be 18 - 64 years of age.)

Choose only one of the following: **Applicant** **Applicant and Spouse** (Spouse must also be applying for health insurance coverage on this application.)

Choose one of the following coverage amounts: **\$10,000** **\$20,000** **\$30,000** **\$40,000**

If both the applicant and spouse choose Term Life, the coverage amounts will be the same.

- Benefits will be paid to the designated beneficiary(ies) in one lump sum.
- Premiums are based on the age of each member applying for coverage and increase when that person's age moves to the next age bracket. Your monthly premiums will be billed with your individual medical coverage by BlueCross BlueShield of Tennessee.
- Your Term Life coverage will become effective at the same time as your Personal Health Coverage.

Beneficiary Designation for Optional Term Life Insurance Benefits

I hereby designate the following beneficiary(ies) for the USABLE Life* Term Life Insurance and revoke the appointment of any existing beneficiary, if making a change in beneficiary(ies). If I designate more than one beneficiary, those who survive me will share equally unless specified otherwise.

The beneficiary for the Term Life insurance on a covered spouse will be the proposed insured.

PRIMARY BENEFICIARY(IES) (Will receive proceeds if living at death of proposed insured.)

Name (Last, First, MI)	Address	SSN	Birth Date	Relationship	Percentage Distribution
					+
					+
					+

Total must equal 100% =

CONTINGENT BENEFICIARY(IES) (Will receive proceeds if all primary beneficiary(ies) are not living.)

Name (Last, First, MI)	Address	SSN	Birth Date	Relationship	Percentage Distribution
					+
					+
					+

Total must equal 100% =

*USABLE Life is an independent company that does not provide BlueCross BlueShield of Tennessee products or services. USABLE Life is solely responsible for the Life and coverage above.

